

Module C, Section 4 Activity

For this activity, you should review the four general life stages and their principal parts. If you believe there are other activities or events that should have been included, add them to your list. Then go back and place check marks in the boxes that you feel, as a **SUPPORT BROKER**, you would be able to facilitate a plan of action for a person with a disability. As you have read, many professionals treat people with disabilities as devoid of development and therefore, they do not progress as their *typically developing* friends or neighbors do along this path of life stages. How do we as professionals in the disability field ensure that individuals with disabilities have the right to have their life experience respected and not be treated as perpetual children?

Young Adulthood

Employment	(part-time/full-time)
Change of Home	(moving out, roommates)
Education	(comm. college, tech school, university)
Relationships	(with groups, dating)
Financial Choices	(buying large ticket items: cars, furniture...)
Community Involvement	(voting, public service, volunteerism)
Faith	(attend church, not attend church, other)

Adulthood

Employment	(pursuit of a career)
Home Life	(house? apartment? roommates?)
Education	(continue to pursue additional education)
Relationships	(marriage, having kids, divorce, affairs)
Financial Choices	(buying a home, car, investments)
Community Involvement	(civic responsibilities, public office)
Faith	(role of religion in family, raising kids...)

Yes	No	Maybe

Midlife

Employment	(personal growth, career changes)
Home Life	(having your kids leave home...)
Education	(pursuing education to change careers...)
Relationships	(accommodate change: divorce, remarriage)
Financial Choices	(planning for retirement, kids' education...)
Community Involvement	(assuming leadership, adapting to change)
Faith	(cope with changes in health, family, future)

Retirement and the Later Years

Employment	(what age to retire, how to afford it)
Home Life	("empty nest," grandkids, adapt to changes)
Education	(need for new info, teaching others)
Relationships	(accommodate change in kids' marriages...)
Financial Choices	(living on fixed incomes, travel, downsizing)
Community Involvement	(more time to volunteer, civic activities)
Faith	(contemplating death, serious illness to self and others)

Yes	No	Maybe

No person is your friend who demands your silence, or denies your right to grow.

-- Alice Walker